



NAMI Ohio's

NEWS BRIEFS

Vol. 39
No. 1
Fall 2011

Ohio's Voice on Mental Illness



In this issue:

An Evening with Governor Kasich

NAMI Ohio to Pursue Changes to Ohio Outpatient Treatment Law

Individual with Mental Illness Spared Lethal Injection

What He Learned from Son? So Much

NAMI Ohio Mentors Singapore Caregivers

NAMI Ohio Board of Directors

Gloria Walker, President

Bob Spada, 1st Vice President

Jodie Ross, Secretary

Jennifer Guthrie, Treasurer

Etta Almon

Lovell Custard

Lori D'Angelo

Lee Dunham

Sally Fiehrer

Patricia Howard

Steven Jewell, M.D.

Nila Kaempf

Daniel Knapp

Pam McGlothlin

Eric McKee

Peg Morrison

Rev. J. Donald Mosley

Dell Nicholas

Janet Polzer

JoAnn Reeds

Patrick Runnels, M.D.

Steve Schierholt

Richard Stahr, D.O.

Anamaria Tejada-Dull

Gil Thompson

Anne Walker

Frederick Frese, Ex-Officio

Gabe Howard, Consumer Council Representative

NAMI Ohio Staff

Terry Russell, Executive Director

Betsy Johnson, Associate Executive Director

Stacey Smith, Director of Operations

Suzanne Robinson, Director of Programs

Karen Lindberg, Director of Membership and Helpline

Gini Haffner, Assistant Director of Programs and Affiliate Support

On the Cover:

Members of the NAMI Ohio Board of Directors and their guests are photographed with Governor John Kasich and Ohio Department of Mental Health Director Tracy Plouck at a reception at the Governor's Residence. See related story on page 3.

SAVE THE DATE



*Acknowledging the
Elephants in the Room*

April 27 -28, 2012

Hyatt Regency Columbus Ohio



The Honorable Patrick Kennedy
Keynote Speaker

Former Congressman Kennedy, nephew of John F. Kennedy and son of Edward Kennedy, served 16 years in the United States House of Representatives. He distinguished himself as a leader in Congress on issues of health care, science, veterans, technology, civil rights, and mental health. Congressman Kennedy continues to be a tireless advocate for biomedical research and for people struggling with brain-based illnesses.

NAMI News Briefs

Contents



Ohio's Voice on Mental Illness with more than 50 affiliates statewide

Articles		Features	
A Night of Inspiration at the 2011 Morgan Impact Awards	1	Letter from the President	2
Year of the Affiliate	2	Executive Director's Report	3
Board Directs Staff to Pursue Needed Changes to the Ohio Revised Code	4	Ask the Doctor	9
NAMI Ohio Weighs in on Decision to Spare Individual with Mental Illness from Lethal Injection	5	Ask the Child Psychiatrist	10
What He Learned From Son? So Much	6	Wall of Honor	12
NAMI Wood County - A Family Affair	7		
Treatment of Children with Mental Illness	7		
Staff Member Meets Long time Hero	8		
NAMI Ohio Partners with Caregivers Alliance of Singapore	8		
NAMI Ohio Opposes Bill that Raises Penalty for Assaulting Hospital Workers	9		
Supported Employment: Every Journey Has A Story	11		
All Federal Benefits Will Be Paid Electronically	11		

A Night of Inspiration at the 2011 Morgan Impact Awards

The Margaret Clark Morgan Foundation, a private family foundation located in Hudson, OH, honored four individuals for their outstanding work and contributions to the community at the 2011 Morgan Impact Awards on November 2, 2011 in Rootstown Ohio.

Following dinner, award recipients were showcased through inspiring videos and received a custom glass art sculpture and framed certificate. Terry Russell was given the Compass Award. This honor is presented to an individual who has demonstrated a history of significant leadership activity leading to the quality and improvement of overall health and wellness of others. It is given to a person who has charted the journey with balanced direction and leadership while helping to navigate the course of advancing recovery.



Terry Russell is pictured in the center with Rick Kellar, Foundation President and Victoria Doepker of the Foundation.



Terry is photographed with his family at the Impact Awards Ceremony.



Letter from the President

By Gloria Walker

Dear NAMI Member,

NAMI Ohio is in the process of going through the chartering process designed by NAMI National. The purpose of this process, we are told, is to ensure that "NAMI is the strong and vibrant presence we need it to be in order to meet the needs of individuals and families whose lives have been affected by mental illness." NAMI Ohio believes this is a worthy goal and we have every intention of cooperating in the chartering process. However, I must share with you that we are very concerned about the time and resources that it is taking away from our critical education, support and advocacy efforts at a time when these services are needed more than ever.

Like most non-profits in this economy, NAMI Ohio is continually seeking funds to enable us to keep our doors open. It is becoming increasingly difficult, however. Over the past three years, we have lost three staff positions. For this reason, I have found it to be a challenge to justify to my fellow Board members that we should be using staff and board time and resources to engage in a process that has all the appearance of a bureaucratic exercise.

I recognize that when the chartering initiative was first conceived, NAMI National had no idea that the state and local affiliates would be experiencing the financial hardships that we are facing today. Nor could they have possibly anticipated the deep cuts that have been made in nearly every state mental health system across the nation. But this is our reality and we must operate within this reality.

As the chartering process continues to roll out, I urge NAMI National to recognize the realities that our organizations are facing and to be open to making needed adjustments. Heaven forbid we start appearing like the mental health bureaucracies that we are all so quick to criticize for inefficiency, redundancy and just plain busy work.

NAMI Ohio is in the business of assisting those who are touched by mental illness through education, support, and advocacy. That is our mission, and NAMI Ohio cannot let anything, including the chartering process, distract us from that mission.

Sincerely,

Gloria Walker
Board President

Year of the Affiliate



NAMI Ohio Affiliate Leaders and Board Members participate in a group activity at the "Year of the Affiliate" event held in August at Deer Creek State Park.



Executive Director's Report

By Terry Russell

On December 12th, the NAMI Board of Directors and their guests attended a reception at the Governor's Residence. What an evening to remember! Attendees were invited to tour the home which was filled with lovely furnishings, artwork and beautiful holiday decorations. During the reception guests enjoyed holiday music and delicious appetizers.

At the height of the evening, guests were greeted by Tracy Plouck, Director of the Ohio Department of Mental Health and Governor John Kasich.

"The governor's presentation was heartfelt especially when he talked about Ohioans with serious mental illness who need a safety net provided by the state."

Governor Kasich gave an impassioned speech about the challenges facing Ohio's community mental health system and discussed his Administration's efforts to bring positive change. He talked about the ongoing plans to integrate behavioral health and healthcare and about the need to bring more revenue into the state by creating more jobs and getting people to stay in Ohio.

The governor's presentation was heartfelt especially when he talked about Ohioans with serious mental illness who need a safety net provided by the state. He expressed a sincere understanding about the pain that families experience when help for their loved one is either not available or ineffective and urged family members not to lose hope. He pledged that he would do his best to ensure that the services that are needed to help and support these individuals would be available. At the conclusion of the evening, the Governor led the attendees in a prayer for those dealing with mental illness and their caregivers.

NAMI Ohio extends our heartfelt gratitude to Governor Kasich and Director Plouck for an unforgettable evening.



NAMI Ohio Board Directs Staff to Pursue Needed Changes to the Ohio Revised Code

At its meeting in mid-December, the members of the NAMI Ohio Board of Directors unanimously passed a motion directing staff to seek clarifying changes to Ohio's court ordered outpatient treatment laws.

"Today, probate court judges around the state interpret this law differently. Though judges in some counties understand that court-ordered outpatient treatment is within their purview, others are hesitant to use it because of the conflicting and confusing language.

With a few small changes, Ohio can reduce the number of people who wind up in our emergency rooms, state hospitals, jails and prisons and most importantly, we can improve the quality of life for many Ohioans with serious mental illness and those who care about them," said NAMI Ohio Board member, Bob Spada.

Ohio's probate court judges in various counties, including Summit, Butler and Montgomery, use the civil commitment code, to find the "least restrictive alternative" for persons with severe mental illness who

meet the criteria for court-ordered treatment. In so doing, community-based alternatives, including court ordered outpatient treatment, have been successfully adopted.

In 1994, Summit County adopted court ordered outpatient treatment guidelines that spell out under what circumstances it is appropriate to commit someone to outpatient treatment. According to the Ohio Department of Mental Health, Summit County's policy has resulted in a decrease in the utilization of scarce hospital beds. To empower more probate court judges in Ohio to utilize outpatient treatment, NAMI Ohio will be seeking to clarify the language in the existing statute.

"This will address the needs of many individuals who otherwise are left untreated until they become so ill that hospitalization or incarceration become the only avenues available to judges. We want to make it abundantly clear that court ordered outpatient treatment is allowable under Ohio law," Spada said.

Proposal to Clarify Ohio's Court Ordered Outpatient Treatment Law

NAMI Ohio, which is made up of individuals and families affected by serious mental illness, is seeking legislation to:

- › Clarify that a county probate court may order someone who meets established criteria to outpatient treatment as a less restrictive alternative to hospitalization.
- › Eliminate the ambiguity in existing law with regard to the conditions under which a person is considered a mentally ill person subject to court ordered treatment.
- › Specify that court ordered outpatient treatment orders may include:
 - Case management;
 - Assertive community treatment;
 - Adherence with prescribed medications;
 - Individual or group therapy;
 - Day or partial day programs;
 - Educational and vocational training;
 - Supervised living;
 - Alcohol or substance abuse treatment;
 - Any other services prescribed to treat the person's mental illness and to either the assist the person in living and functioning in the community or to help prevent a relapse or deterioration that may reasonably be predicted to result in suicide or the need for hospitalization.
- › Provide families with the required affidavit form in the statute so that petitioning can occur in accordance with existing law.

NAMI Ohio Weighs in on Decision to Spare Individual with Mental Illness from Lethal Injection

On September 23rd, NAMI Ohio issued the following press release.

MENTAL HEALTH ADVOCATES URGE GOVERNOR KASICH TO COMMUTE SENTENCE OF JOSEPH D. MURPHY
 Columbus – The National Alliance on Mental Illness of Ohio (NAMI Ohio) applauds the recommendation of the Ohio Parole Board to commute the sentence of Joseph D. Murphy and urges Governor John Kasich to follow their recommendation.

“NAMI Ohio does not excuse crimes committed by individuals suffering from significant psychological problems as Mr. Murphy clearly does, but executing such an individual only serves to compound the original tragedy,” said Terry Russell, Executive Director of NAMI Ohio. “It is our position that executing someone suffering from a serious mental illness runs contrary to the spirit of the 8th Amendment of the U.S. Constitution with its prohibition against cruel and unusual punishment, international law, and all standards of decency.”

“This is a good time to remind Ohioans who may be quick to jump to conclusions around violence and mental illness that people with such illnesses, when treated, are no more violent than the rest of the population. In fact, individuals suffering from major brain disorders are six times more likely to be victims of crime than to commit crime,” said Russell.

NAMI Ohio extends its sympathy to the family of the victim, Ruth Predmore.

On September 26th, Governor Kasich’s Office released the following communication.

Note the reference to NAMI’s position.



September 26, 2011

Rob Nichols, (330) 760-7582, Rob.Nichols@governor.ohio.gov

KASICH COMMUTES MURPHY DEATH SENTENCE TO LIFE WITHOUT PAROLE

COLUMBUS – Today Governor John R. Kasich announced that he has commuted the death sentence of Joseph Murphy to life without parole. Murphy was convicted in Marion County in 1987 of the murder of 72-year-old Ruth Predmore. Kasich issued the following statement:

“Joseph Murphy’s murder of Ruth Predmore was heinous and disturbing and he deserves—and continues to receive—severe punishment. Even though as a child and adolescent Murphy suffered uniquely severe and sustained verbal, physical and sexual abuse from those who should have loved him, it does not excuse his crime. However, the Ohio Supreme Court split 4-3 on whether Murphy should receive the death penalty and the late Chief Justice Thomas Moyer, in his dissent against the death penalty in this case, said that ‘in all of the death penalty cases I have reviewed, I know of no other case in which the defendant . . . was as destined for disaster as was Joseph Murphy. . .’

“After examining this case in detail with counsel I agree with Chief Justice Moyer, the National Association of Mental Illness and the Parole Board’s unanimous 8-0 decision that considering Joseph Murphy’s brutally abusive upbringing and the relatively young age at which he committed this terrible crime, the death penalty is not appropriate in this case. Thus, I have commuted his sentence to life in prison with no chance for parole. I pray for peace for all who have been impacted by this crime.”

What He Learned From Son? So Much



A little more than two months ago, my 26-year-old son drowned.

I learned many things from Kyle, especially during the final four years of his life — after his schizo-affective bipolar disorder had been diagnosed. I learned that:

- Having a relative with a mental illness presents many challenges.
- A stigma — and a lot of misinformation — is associated with mental illnesses.
- I needed to confront my own fears and prejudices.
- Our state mental-health system is sadly broken and desperately in need of repair.
- Securing help for an adult in crisis but “not in danger of harming himself or others” is difficult.
- Emergency rooms at hospitals in central Ohio are overcrowded.
- Psychiatric units at area hospitals have too few beds.
- A place to quickly send a person with a mental illness for long-term treatment isn’t easily found.
- Patients are often discharged from hospitals before family and community support systems are in place.
- The waiting list for mental-health assistance is unbelievably long.
- The rules for Medicaid and Supplemental Security Income are complex — and some medical facilities don’t accept Medicaid patients.
- Food pantries are vital to those in need.
- Some people prey on vulnerable people like Kyle, taking anything and everything.
- Columbus has a dark, scary side that exists late at night.
- No one who saw Kyle at his apartment complex on the day he died called the police to report his unusual behavior.
- Many people don’t care about those with mental illnesses.
- Organizations such as the National Alliance on Mental Illness, Netcare, Community Housing Network and Concord Counseling Services employ wonderful people who provide high-quality individual and family care and support.
- Many Columbus police officers are trained in crisis intervention.
- Columbus police officers and detectives, and other caring professionals, do want to help.
- The lives of many other families have been significantly changed by mental illnesses.
- People with mental illnesses often “disappear” without the continuing love and support of their families.
- Losing a child causes unfathomable heartache.
- I have an inner strength I didn’t realize I had.
- Kyle touched many lives in ways I couldn’t have imagined.
- I didn’t fully appreciate each day with him.

Most important, though, I learned that I was truly blessed to have Kyle as my son.

John Frederick, 59, of Lewis Center hopes that other families never have to learn these lessons.

This article appeared in The Columbus Dispatch on November 12, 2011. Reprinted with permission.



NAMI Wood County - A Family Affair

By Gini Haffner

The Asmus dynasty of NAMI Wood County began in 2002 when the grandmother, Carol Asmus, responded to an advertisement

in her local paper promoting the Family-to-Family Education Program being taught in Bowling Green.

“The Family-to-Family class made a profound difference in the way I handled my family member’s dual diagnosis. It also gave me a support system that worked,” said Carol.

Wanting others to experience the comfort she felt from NAMI, Carol became active with NAMI and in 2005, she was elected president of NAMI Wood County. Soon after, the affiliate appealed to the local ADAMHS board for funding to reach out to others who needed what NAMI offered. The Board agreed and began providing funding assistance to the affiliate.

Today, Carol continues to serve as a volunteer along with her daughter, Shari Schmitt, who became active

in 2007. Shari currently serves as the organizations fiscal agent and coordinates the monthly Nite Out with NAMI program.

Jessica Schmitt Braatz, Shari’s daughter, began her NAMI service as an Americorps Volunteer Coordinator in 2008 and now serves as the affiliate's full time Executive Director. “When I started I thought it was just going to be an internship. However, once I got into it, I fell in love with the organization’s mission. It became far more than I had anticipated and bargained for,” Jessica said.



Three generations: L to R Granddaughter Jessica Schmitt Braatz, Grandmother Carol Asmus, Daughter Shari Schmitt

In July, Carol, Shari and Jessica all attended the NAMI National Conference in Chicago. It was

heartwarming to see them on the dance floor together having a good time during the Lake Michigan dinner cruise.

The NAMI Wood County membership has benefited greatly from the Asmus dynasty, as these three women have contributed steadily to the organization when their assistance was needed.

Treatment of Children with Mental Illness: NIMH Offers Resources for Families

Research shows that half of all lifetime cases of mental illness begin by age 14. Scientists are discovering that changes in the body leading to mental illness may start much earlier, before any symptoms appear. Through greater understanding of when and how fast specific areas of children's brains develop, we are learning more about the early stages of a wide range of mental illnesses that appear later in life. Helping young children and their parents manage difficulties early in life may prevent the development of disorders. Once mental illness develops, it becomes a regular part of your child's behavior and more difficult to treat. Even though we know how to treat (though not yet cure)

many disorders, many children with mental illnesses are not getting treatment.

The National Institute of Mental Illness offers an array of publications to assist families with some of the common questions about diagnosis and treatment options for children with mental illnesses. To find the answers to your questions, go on line to: www.nimh.nih.gov/health/publications/treatment-of-children-with-mental-illness-fact-sheet/index.shtml. Or to request a copy of Treatment of Children with Mental Illness, contact the NIMH Information Center at 1-866-615-6464.

NAMI Ohio Staff Member Meets Long Time Hero



There is an ice breaker that we use in trainings in which we pair strangers up to help them become acquainted. The exercises requires one person to ask the other, "If you could have lunch with anyone, living or dead, who would you chose?" My response is always the same, "Patty Duke. She was the first celebrity to go public about her bipolar disorder without fear, shame or stigma."

This fall, not only did I have the pleasure of hearing Patty Duke speak at an event sponsored by Peckham Vocational Industries in Lansing Michigan, I was seated across the table from her at lunch!

Over the years, I have read Patty's books, including Call me Anna and A Brilliant Madness. Both of these books have been extremely valuable resources when I couldn't find anything in the library written in laymen's terms about bipolar disorder. Patty helped me understand and it was a real pleasure to be able to thank her in person.

NAMI Ohio Partners with Caregivers Alliance of Singapore

By Suzanne Robinson, Director of Programs

Among the many attendees at the 2011 NAMI National Convention held in Chicago this past summer, was Dr. Sally Thio of Singapore. When Sally indicated interest in NAMI's family education programs, Lynn Borton, NAMI National's Chief Operating Officer, connected her to NAMI Ohio and asked that we mentor her. What an honor and a privilege it has been!

Sally is energetic and very devoted to the family members and individuals living with mental illness. In addition to being a family member herself, Sally is a certified psychiatric rehabilitation practitioner, family therapist, qualified clinical supervisor and a registered counselor. Sally also serves as a founding member of the Caregivers

Alliance of Singapore through which she hopes to introduce education courses to meet the needs of family members of people living with mental illness. To that end, Sally asked for and received permission from Lynn to attend NAMI Ohio's Family-to-Family and Basics trainings in October and November. It was a pleasure training Sally who brought an international flavor to our trainings.



Sally Thio visits with Suzanne Robinson and Terry Russell at the NAMI Ohio office.

Using what she has learned, Sally hopes to create culturally relevant education programs to utilize in Singapore and plans to consult the authors of the various NAMI courses in the future. In fact, she has invited me and our

Executive Director to travel to Singapore this summer to present at a conference of the Caregivers Alliance. I hope it works out!

NAMI Ohio Opposes Bill that Raises Penalty for Assaulting Hospital Workers

This fall, the Ohio Senate Judiciary Committee held hearings on H.B. 62, which would increase the penalty for assaulting a health care professional, health care worker or security officer in a hospital from a misdemeanor to a fourth degree felony. In a letter to the Committee Chair, Senator Mark Wagoner, NAMI Ohio Executive Director Terry Russell shared concerns about the bill's impact on those with serious mental illness who are in crisis. Below are excerpts from the letter.

NAMI Ohio recognizes and appreciates the important work that health care professionals do each day to help ensure that Ohioans receive the care they need to get and stay well. Like you, we despair when we hear of instances in which a nurse or other professional is harmed in the course of their work. At the same time, NAMI Ohio is very concerned that, if passed, Sub. H.B. 62 would disproportionately impact individuals with serious mental illness who are in crisis and are in the hospital or emergency department to receive care for their illness.

Whether we like it or not, it is not uncommon for individuals with untreated mental illness who are in

crisis to become easily agitated. It is the nature of the illness. In order to receive treatment, many of these individuals must go (or be brought against their will) to a hospital emergency department because there are no mental health crisis facilities in their community. When they arrive at the hospital, they are usually left sitting in the emergency room for hours, and oftentimes days, waiting for a psychiatric bed to become available.

While mental illness does not give someone an excuse to hurt a hospital worker, if you couple the symptoms of untreated mental illness with a highly stressful situation, it certainly does explain why such incidents do occur. Until Ohio is able to adequately fund community mental health services so individuals do not have to wait until they are in crisis to receive care, then it does not seem right to make the lives of these individuals more difficult than they already are as this legislation would do.

Rather than increasing the penalties for assault, NAMI Ohio would encourage the General Assembly to consider requiring training for hospital staff on de-escalation techniques for someone experiencing a mental health crisis. Such training has been enormously successful in law enforcement in Ohio.



Ask the Doctor

By Dr. Mike Unger

Dear Dr. Unger, I have a sister who suffers from a severe mental illness and has been on a number of medications over the years. Her mental illness appears to be under control but

she is now facing a combination of physical ailments. Do you have any advice on how to encourage her to maintain a healthy lifestyle in the wake of some of the medication side effects such as weight gain and extreme fatigue? My Sister's Keeper

Dear Keeper,
 Thank you for this great question. It applies to thousands of people on psychiatric medications that have improved in their functioning level, but are now facing issues such as substantial weight gain, fatigue, sometimes diabetes mellitus and a shorter lifespan. I would start with the key word you've mentioned: encouragement. It sounds like your sister has faced some severe mental health symptoms, and by persevering, she has improved. The same can be true for her physical health. I know it's not easy; but try to help her make it fun. Maybe you can offer to be a partner with her by setting some reasonable health and weight goals. Improving diet, substituting water for soda, and doing some walking together every day is a great way to start. The human body is meant to move, and the morning is the best time. Select physical activities that are enjoyable such as hiking, bicycling, yoga, Tai Chi, or stretching,

depending on ability and interest level. A morbidly obese person can do stretch exercises daily, which is a safe and good way to start and is not discouraging or competitive. The more she does this routinely, the better she will feel. Physical activity will improve joint mobility, reduce arthritis, improve circulation and will increase energy, self-motivation, mood, anxiety and lifespan.

Another bonus is that as physical health improves, the amount of psychiatric medication needed for maintenance can be lowered in most cases. It's a win-win. Please encourage her often. It is very true that a stronger body makes a stronger mind and visa-versa.

Tell your sister good luck and all the best,
 Mike Unger, MD
 Board Certified Psychiatrist



Ask the Child Psychiatrist

By Dr. Steven W. Jewell

**Dear Doctor Jewell,
 What impact, if any,
 do pharmaceutical
 advertisements have on
 your ability to prescribe
 the most appropriate
 medications for your patients? Want to Know**

Dear Want to Know:

Your question refers to what is called "Direct-To-Consumer" (DTC) advertising, which is overseen by the Food & Drug Administration (FDA). Only two countries in the world, the United States and New Zealand, allow this type of advertising. It is a controversial topic, with varying opinions among doctors, patients, and pharmaceutical companies.

Those who like DTC ads claim they make patients more aware of available treatments and improve communication between patients and doctors. Those who do not claim that they cause an increase in prescription writing that may not be helpful, and do not fully explain the risks alongside the benefits.

Also of concern are misunderstandings about DTC ads. Many assume they have to be pre-approved by the FDA, and that only drugs that are completely safe and extremely effective can be advertised. In fact, less than a third of DTC ads are pre-approved; and since most ads air within a year of a medication's release, this is typically before FDA monitoring has had a chance to prove that a drug that was considered safe actually is.

But your question is about the impact on my practice. In most cases I find that such ads educate my patients or their family about a medication that might be helpful in their care. This creates an opportunity for us to discuss treatment options, which is always good. DTC ads are a problem, though, when patient or family is "sold" on a specific medication, and demands it at a point in care that I think is inappropriate or premature. That causes a conflict that must be resolved, and which threatens to damage our ongoing working relationship.

Sincerely,
 Steven W. Jewell, M.D.
 Medical Director; Child Guidance and Family Solutions

Supported Employment: Every Journey Has A Story

Ohio is fortunate to have as one of our mental health resources, the Case Western University Center for Evidenced Based Services. One of the Center's areas of focus includes Supported Employment (SE). SE is an evidence-based practice that helps people with severe mental illness identify, acquire, and maintain competitive employment ("real jobs") in their local communities. (According to research, 60 to 70 percent of people with severe mental illness want to work.) These are jobs that pay at least minimum wage for which anyone in the community may apply. Competitive jobs may be part time or full time and are not provided or owned by health and human service organizations. SE is also known as Individual Placement & Support (IPS).

SE is different from traditional vocational rehabilitation (voc rehab). SE emphasizes consumer choice and utilizes rapid job-search and placement services as well as time-unlimited and individualized follow-along services, among other components that are described below. SE does not delay competitive employment by requiring consumers to utilize sheltered workshops, pre-employment training, and volunteer experiences. Service providers who utilize the SE approach are assertive about helping people find the jobs they want

as soon as they express the desire to work. Part-time employment is a popular work option. The SE model only endorses competitive jobs for several reasons:

- Many consumers like competitive jobs more than they like sheltered work.
- Competitive jobs reduce stigma by enabling consumers to work side-by-side with people in their local communities.
- Competitive jobs promote self-determination and self-sufficiency.

The Center has several resources available to those interested in learning more about SE, including a series of short audio tracks (each less than 5 minutes in length) that feature Nicole Clevenger telling her story of recovery and providing insight into the importance of work and Supported Employment (SE). There are also several short tracks from service providers who share some take-home tips about SE, benefits planning, and motivational interviewing. These audios can be downloaded for free on line at www.centerforebp.case.edu/resources/tools/every-journey-has-a-story or for information on how to purchase a copy of the CD call 216-398-3933.

All Federal Benefits Will Be Paid Electronically

The U.S. Department of the Treasury will soon pay all federal benefit and nontax payments electronically. If you're applying for federal benefits, like Social Security or Veterans Affairs benefits, you must choose an electronic payment method at the time you apply for your benefit. If you are currently receiving federal benefit checks, you must switch to electronic payments by March 1, 2013.

- Have a bank or credit union account? Sign up for direct deposit to have your benefit payments go straight into your checking or savings account. You can count on your money being there on time, every time. Visit your local financial institution, sign up online at www.GoDirect.org, or call the

U.S. Treasury Electronic Payment Solution Center at (800) 333-1795.

- Prefer a prepaid debit card? The Direct Express® Debit MasterCard® card provides another safe, low-cost alternative to paper checks for federal benefit payments. Funds on the Direct Express® card are FDIC-insured (up to the legal limit). Cardholders can make retail purchases, pay bills and get cash back. No bank account or credit check is required. There are no sign-up fees, monthly fees or overdraft charges. Some fees for optional services may apply. No bank account or credit check is required.

If you do not choose an electronic payment option

by March 1, 2013, or at the time you apply for federal benefits, you will receive your payments via the Direct Express® card so you will not experience any interruption in payment. If you already receive federal benefit payments electronically, you do not need to take action. You will continue to receive your

payment as usual on your payment date. To sign up or learn more, visit www.GoDirect.org or call (800) 333-1795. (Source: U.S. Department of the Treasury, Financial Management Service)

Wall of Honor

NAMI Ohio wishes to extend our gratitude to the following for their support during the last quarter. Donations of \$250 or more are recognized on the NAMI Ohio Wall of Honor in our office.

Carol A. Rudder
Robert and Mary Spada
Gloria Walker

Mary Anthony
Lee Schwebel
Scott Daugherty

Dan and Marcia Knapp
Peter and Mary Frenzer

In Memoriam

In Memory/Honor of ...

Christine, David and Brian Dawson
Loretta Dawson

Marci Dvorak
Judith Beckman

Shirley Evans
Dave Stauffer

Kyle Frederick
Andrew Kuss
Terry L. Hughes
Margaret Hartung
Michael and Lorie Krieger

Dolores Holdgreve
Lisa Loader
Carol Burrey
Esther Worst
Donald and Kelly Dearing
William and Ann Achinger
Kristin Moore
Tony and LaRae Overcashier
William and Suzanne Overcashier
Patricia Kennedy
Sharon Heinze

Daniel and Katherine Holdgreve
Martin and Melinda Jenkins
Elsie Jane Dick
Harold and Sandra Coppler
Roseanne and Bud Clark
Diana Ireland
Sharon Pafford
Phyllis Andrew
Andrew and Anna Mallon
Angela Anderson
Tom and Elaine Nichols
Holli Ilko
Rebecca King
Cheryl Koopman
Lynn Park

Dr. John Hurn
Susan Thompson

Betsy Johnson
Gayle Channing Tenenbaum

Jonathan and Michelle
Carol A. Larrimer

Adam Knapp
Ken and Marjorie Drugan

Robert Paulauskas
Dr. Mary Anne Orcutt

Stephen M. Schultz
John Paul
Ingrid Bartzke
William P. Tully; Chubb & Son
Patricia Duffy
Florence Schultz
Ken Jameson
Mary Jameson

Mark Sichuk
Fr. Paul Gassios
Mary Ann Santavicca
Stan and Joanne Pentsos

Harvey Snider
Terrie Kleinman

Adam P. Valerius
Larry and Barbara Valerius

Tom and Anne Walker
Gifford Doxsee

David Williams
Jerry and Joyce Bogan

In Appreciation*

Cardinal Health Foundation
United Way of New York
Just Give
United Way of Delaware County
United Way of Central Ohio
Network for Good
Abbott Laboratories Employee
Giving Campaign
Nestle
Michelle Miller
Brandie Herron
Dr. Alice Hale
Barry Corrado
Mr. and Mrs. Nick Vrbanac
Audrey Barton
Claudia Widgren
Naomi Kall
Melvin and Karen Feinberg
Allan and Henrietta Silberger
William MacMillan
Joann Smith
Linda Mather
James and Mary Ann Derrick
Geoffrey and Lois Smith
Gregory and Janet Polzer
Joseph Kuritar
Mary Dunbar
Linda Pulskamp
George and Joan Gianopulos
Chris and Joanne Kosta
Gino and Debbie Colace
Jay and Roberta Greenland
Norah and Lloyd Bertschy
Optima Behavioral Health
Kathleen Zeitz
Catherine and Carol Adamescu
Liz and Karl Zeiters
Mrs. Pat Smith
Robert and Janet Banks
Tom and Anne Walker
Pat Funk
John and Mary Rudolph
Anna Krejci
Cynthia Schwarz
Joseph and Johanna Meara
Jane Feeney
John and Terrie Stong
Paul and Dolores Spaite
Donald and Carole Fraraccio

Patricia Horton
Joseph and Delores Sullivan
Carlos and Carmen Velazquez
James and Joanne Cleereman
Myrtle Miller
Dr. Carl and Mrs. Lorena Hyde
Sherry Meckstroth
Peg Morrison
Marilynn Ford
Helen and Jack Jones
Richard Halloran
Mitchell and Susan Stern
Christian and Lillian Morris
Florence Sable
Letty Harris
John Blount
Terry Johnson
Joann Kuhlman
Ramona Borgerding
Nathan Jacobson
Robert Brogan
Jane Vauter
Sanford and Molly Friedson
Milton Greek
Dan and Vanessa Fremont
Mike and Barbara Bass
Harry and Georgene Berman
Susan and Mark Dunham
Leon and Phyllis Putnam
Candice Young
Ellen Coy
Norma Sue Behr
Dawn Kluck
Marcus and Cathy Schlabach
John and Kristine Hoover
Robert and Mary Lou Hopkins
Wilbur and Betty Hughes
Joanne and Roger Avery
Christine Clugh
David and Joyce Brewes
Ed and Mary Isaacson
Helen First
Janice Morris
Dale Hoffman
Esther Crownover
Guido and Anne Stempel
Robert Eger
Libby M. DeCrow
Donna J. Vergilii

Marilyn Weber
Bernice and Ernest Szollosi
John Higgins
Richard and Sally Dalton
Nancy and Cleon Elliott
Richard and Wilma Robinson
Diane and John Wittorf
Valerie Vangundy
Alberta Bloom
David and Susan Langendorfer
Hazel Joyce Sarchet
Dorothy Long
Debbie Hunter
Renee Shaw
Margaret Coggin
Charlotte Bishop
John and Katie Miller
Erica Payne
Lisa Oswald
Bob and Leslie Morris
Greg and Vickie Leyes
Michael and Trudy Scheiding
Kathryn E. Wilmer
Carolyn Rectanus
Art and Sue Busch
Jennifer Maraschky
Chris Nold
Ora and Sue Smith
Edward and Mildred Thomas
Marilyn House
David and Leesa Galloway
Mia Gentile
Mary Hill
Sally Thio
Sonia Schottenstein
Bernadine Grieshop
Howard and Martha Bellner
Virginia Haller
Betty Manning
Gerald and Andrea Breen
Omalee Fent
Samantha Lowry
Virginia Overton
Daniel and Ann Brennan

* Includes all donations through November 2011



747 E. Broad Street
Columbus, OH 43205

NONPROFIT
ORGANIZATION
U.S. POSTAGE
PAID
COLUMBUS, OHIO
Permit No. 3181



747 East Broad St.
Columbus, Ohio 43205

Phone: 614-224-2700
or 1-800-686-2646

Email: namiohio@namiohio.org
Website: <http://www.namiohio.org>

A graphic for the NAMI Ohio Mission Statement. It features a large, semi-transparent teal circular logo with the NAMI flame/leaf icon in the center, set against a solid brown background. The text "nAMI Ohio" is written in white, bold, sans-serif font above the teal logo. Below the logo, the words "Mission Statement" are written in a large, white, serif font.

nAMI Ohio Mission Statement

"To improve the quality of life,
ensure dignity and respect for
persons with serious mental illness,
and to support their families."