



UPDATE

May 1, 2016

- I. [Science and Service News Updates](#)
- II. [Resources: Publications, Toolkits, Other Resources](#)
- III. [Calendar of Events](#)
- IV. [Calls for Public Input](#)
- V. [Funding Information](#)

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<http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>

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*Prepared by the U.S. Department of Health and Human Services,
National Institutes of Health, National Institute of Mental Health,
Office of Constituency Relations and Public Liaison*

BIOMARKER TRACKS ACCELERATED HIV-ASSOCIATED AGING; INFECTION ADDS FIVE YEARS ON AVERAGE TO BIOLOGICAL AGE

By measuring a molecular signature of aging, researchers funded in part by the National Institute of Mental Health (NIMH) have found that HIV infection accelerates aging, adding an average of five years to someone's biological age. The more rapid aging is occurring in people receiving antiretroviral treatment, so that even though treatment enables them to live for many decades, they remain at higher risk of aging-related chronic disease.

Science Update: <http://www.nimh.nih.gov/news/science-news/2016/biomarker-tracks-accelerated-hiv-associated-aging.shtml>

NEW MEDICAID GUIDANCE IMPROVES ACCESS TO HEALTH CARE FOR JUSTICE-INVOLVED AMERICANS REENTERING THEIR COMMUNITIES

The U.S. Department of Health and Human Services (HHS) strengthened access to health care for individuals transitioning from incarceration back to their communities. New Medicaid guidance just released updates decades-old policy and clarifies that individuals who are currently on probation, parole, or in home confinement are not considered inmates of a public institution. It also extends coverage to Medicaid-eligible individuals living in community halfway houses where they have freedom of movement, improving access to care for as many as 96,000 individuals in Medicaid expansion states over the course of the year.

Press Release: <http://www.hhs.gov/about/news/2016/04/28/new-medicaid-guidance-improves-access-health-care-justice-involved-americans-reentering-their.html>

NIDA EMERGING TRENDS: FAKE PRESCRIPTION DRUGS LACED WITH FENTANYL

The National Institute on Drug Abuse has released an emerging trends notice about recent media reports and official alerts in several U.S. communities warning of counterfeit pain and anxiety medications that actually contain fentanyl, an extremely powerful, potentially deadly opioid. The pills, which are disguised as common prescription drugs like Norco (hydrocodone), Percocet (oxycodone), and Xanax (alprazolam), are responsible for a growing number of overdose deaths and non-fatal overdoses around the country. Fentanyl is 25 to 50 times stronger than heroin, so even a small amount can cause an overdose. The fake pills are much cheaper than the real versions. The public should be aware that drugs obtained on the street, even though they look like a real prescription pharmaceutical, may be deadly. It is always unsafe to take a prescription drug unless it comes from one's own prescription and is dispensed by a reputable pharmacy.

Notice: <https://www.drugabuse.gov/drugs-abuse/emerging-trends>

NEW FROM NIMH

NEW ONLINE RESOURCE: DISRUPTIVE MOOD DYSREGULATION DISORDER

Disruptive mood dysregulation disorder (DMDD) is a childhood condition of extreme irritability, anger, and frequent, intense temper outbursts. Learn about this relatively new disorder in this recently-released online resource on the NIMH website. <http://www.nimh.nih.gov/health/topics/disruptive-mood-dysregulation-disorder-dmdd/disruptive-mood-dysregulation-disorder.shtml>

NIMH OUTREACH PARTNER ACTIVITY MAP

Learn how NIMH Outreach Partners are addressing mental health disparities and disseminating NIMH information across the country as part of their participation in the NIMH Outreach Partnership Program (OPP). <http://www.nimh.nih.gov/outreach/partnership-program/partner-activities.shtml>

LATEST OUTREACH CONNECTION

The latest issue of the NIMH OPP *Outreach Connection* e-newsletter features examples of how Outreach and National Partners are distributing NIMH information and educating the public about research.

<https://content.govdelivery.com/accounts/USNIMH/bulletins/145e1bb>

NEW FROM NIH

LECTURE: OVERVIEW OF PANDAS, PANS, AND OTHER ACUTE-ONSET NEUROPSYCHIATRIC DISORDERS

NIMH researcher, Sue Swedo, provides an overview of Pediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcal Infections (PANDAS) and Pediatric Acute-onset Neuropsychiatric Syndrome (PANS) in this National Institutes of Health (NIH) Grand Rounds lecture.

<https://videocast.nih.gov/Summary.asp?File=19642&bhcp=1>

NIH RESEARCH MATTERS: SEROTONIN TRANSPORTER STRUCTURE REVEALED

Researchers determined the 3-D structure of the serotonin transporter and visualized how two common antidepressants interact with the protein. The findings provide insights for designing new ways to target the transporter for more effective medications.

<https://www.nih.gov/news-events/nih-research-matters/serotonin-transporter-structure-revealed>

TALKING WITH YOUR OLDER PATIENT: A CLINICIAN'S HANDBOOK

This new online handbook for health professionals includes information on understanding older patients, talking with patients about cognitive problems, encouraging wellness, talking about sensitive subjects, and breaking bad news. <https://www.nia.nih.gov/health/publication/talking-your-older-patient>

RESOURCES TO HELP FAMILIES AND PHYSICIANS SPOT EARLY SIGNS OF AUTISM

For people with autism spectrum disorder (ASD), early detection and early intervention can help a great deal in improving outcomes. The American Academy of Pediatrics recommends that health care providers screen for ASD at the 18- and 24-month visits. Researchers supported by the National Institute of Child Health and Human Development (NICHD) are working to develop screening tools that can detect the disorder even earlier. <https://www.nichd.nih.gov/news/resources/spotlight/Pages/041416-autism.aspx>

OUTCOMES FOR ORPHANS IN LOW- AND MIDDLE-INCOME COUNTRIES CONSISTENT, REGARDLESS OF CARE SETTING

As part of an NICHD-supported study, researchers found that the outcomes of orphaned and abandoned children in low- and middle-income countries are similar whether they live in group homes or family-based settings. The results show few differences across various measures of physical health, cognition, and emotional outcomes. <https://www.nichd.nih.gov/news/releases/Pages/040816-orphan-outcomes.aspx>

NEW FROM CDC

INCREASE IN SUICIDE IN THE U.S., 1999–2014

Suicide is an important public health issue involving psychological, biological, and societal factors. After a period of nearly consistent decline in suicide rates in the U.S. from 1986 through 1999, suicide rates have increased almost steadily from 1999 through 2014. While suicide among adolescents and young adults is increasing and among the leading causes of death for those demographic groups, suicide among middle-aged adults is also rising. This Centers for Disease Control and Prevention (CDC) report presents an overview of suicide mortality in the U.S. from 1999 through 2014. Suicide rates in 1999 are compared with 2014 for both females and males across age groups, and percentages are compared by method (firearms, poisoning, suffocation, and other means). <http://www.cdc.gov/nchs/products/databriefs/db241.htm>

SUICIDE RATES FOR FEMALES AND MALES BY RACE AND ETHNICITY: U.S., 1999 AND 2014

The age-adjusted suicide rate in the U.S. was 24 percent higher in 2014 than in 1999, and increases were observed for both females and males in all age groups under 75. This report provides supplemental data on the frequency and rate of suicide among females and males by Hispanic origin and race for 1999 and 2014. http://www.cdc.gov/nchs/data/hestat/suicide/rates_1999_2014.htm

SURVEILLANCE FOR CERTAIN HEALTH BEHAVIORS, CHRONIC DISEASES, AND CONDITIONS, ACCESS TO HEALTH CARE, AND USE OF PREVENTIVE HEALTH SERVICES AMONG STATES AND SELECTED LOCAL AREAS

The Behavioral Risk Factor Surveillance System (BRFSS) is an ongoing, state-based, random-digit-dialed landline- and cellular-telephone survey of noninstitutionalized adults aged 18 years and older residing in the U.S. BRFSS collects data on health-risk behaviors, chronic diseases and conditions—including depression, access to health care, and use of preventive health services—related to the leading causes of death and disability. This report presents results from 2012 for all 50 states, the District of Columbia, and participating U.S. territories. http://www.cdc.gov/mmwr/volumes/65/ss/ss6504a1.htm?s_cid=ss6504a1_e

TECHNICAL PACKAGE TO PREVENT SEXUAL VIOLENCE

CDC released this technical package to help states and communities prioritize efforts to prevent sexual violence. This package highlights five main strategies to prevent sexual violence: promote social norms that protect against violence; teach skills to prevent sexual violence; provide opportunities to empower and support girls and women; create protective environments; and support victims and survivors to lessen harms. <http://www.cdc.gov/violenceprevention/pub/technical-packages.html>

NEW FROM SAMHSA

SUBSTANCE USE AND SUICIDE: A NEXUS REQUIRING A PUBLIC HEALTH APPROACH

This report highlights the relationship between substance use and suicide. It provides prevention professionals at state and tribal levels with evidence-based programs that address substance use prevention and suicidal ideation. <http://store.samhsa.gov/product/SMA16-4935>

CORRELATES OF LIFETIME EXPOSURE TO ONE OR MORE POTENTIALLY TRAUMATIC EVENTS AND SUBSEQUENT POSTTRAUMATIC STRESS AMONG ADULTS IN THE U.S.

Adults with exposure to one or more lifetime, potentially traumatic events were more likely to be older, to be non-Hispanic/Latino white, to be Veterans, or to have certain health conditions (asthma, high blood pressure, sinusitis, ulcer, anxiety, and depression).

<http://www.samhsa.gov/data/sites/default/files/CBHSQ-DR-PTSDtrauma-2016/CBHSQ-DR-PTSDtrauma-2016.htm>

AVAILABILITY OF PAYMENT ASSISTANCE FOR MENTAL HEALTH SERVICES IN U.S. MENTAL HEALTH TREATMENT FACILITIES

In 2010, about four in five mental health treatment facilities offered some form of payment assistance, either by using a sliding-fee scale or by offering services at no charge to those who cannot afford to pay.

http://www.samhsa.gov/data/sites/default/files/report_2123/ShortReport-2123.html

SCREENING AND ASSESSMENT OF CO-OCCURRING DISORDERS IN THE JUSTICE SYSTEM

This resource provides knowledge on a wide range of evidence-based practices for screening and assessment of adults in the justice system who have co-occurring mental and substance use disorders. It discusses the importance of instrument selection for screening and assessing patients.

<http://store.samhsa.gov/product/SMA15-4930>

NATIONAL REENTRY WEEK: AN ESSENTIAL PART OF OUR MISSION

In observance of National Reentry Week, SAMHSA has cross-posted this blog by Attorney General Loretta E. Lynch discussing the importance of helping formerly incarcerated individuals contribute to their communities and addressing obstacles to successful reentry that too many returning citizens encounter.

<http://blog.samhsa.gov/2016/04/27/national-reentry-week-an-essential-part-of-our-mission/>

NEW SAMHSA PUBLICATIONS AVAILABLE IN CAMBODIAN/KHMER

MAT FOR OPIOID ADDICTION: FACTS FOR FAMILIES AND FRIENDS

This resource gives families and friends information about medication-assisted treatment (MAT) for opioid addiction. <http://store.samhsa.gov/product/SMA16-4443KHMER>

THE NEXT STEP TOWARD A BETTER LIFE

This resource describes the stages of recovery from alcohol and drug abuse, and what to expect after leaving detoxification services. <http://store.samhsa.gov/product/SMA16-4474KHMER>

THE FACTS ABOUT BUPRENORPHINE FOR TREATMENT OF OPIOID ADDICTION

This fact sheet gives patients information on buprenorphine and MAT for opioid addiction.

<http://store.samhsa.gov/product/SMA16-4442KHMER>

SHOULD YOU TALK TO SOMEONE ABOUT A DRUG, ALCOHOL, OR MENTAL HEALTH PROBLEM?

This resource lists questions consumers can ask themselves to help them decide whether to seek help for a substance abuse problem, a mental health issue, or both. <http://store.samhsa.gov/product/SMA16-4585KHMER>

SAMHSA RESOURCES TO SUPPORT NATIONAL WELLNESS WEEK (MAY 15-21)

WHAT YOU NEED TO KNOW ABOUT NATIONAL WELLNESS WEEK

This fact sheet emphasizes wellness as an important part of recovery and its value in reducing morbidity and mortality among people dealing with mental illness. It explains the eight dimensions of wellness and how they impact overall health. <http://store.samhsa.gov/product/SMA16-4952>

COMMUNITY WELLNESS PRESENTATION

This PowerPoint can be used by communities to plan activities during National Wellness Week. <http://store.samhsa.gov/product/SMA16-4955>

LEARN THE EIGHT DIMENSIONS OF WELLNESS (POSTER)

This poster lists the eight dimensions of wellness: social, environmental, physical, emotional, spiritual, occupational, intellectual, and financial. It promotes communication among mental health consumers, professionals, and primary care providers. <http://store.samhsa.gov/product/SMA16-4953>

CREATING A HEALTHIER LIFE: A STEP-BY-STEP GUIDE TO WELLNESS

This guide defines the meaning of wellness as it pertains to behavioral health, explains the eight dimensions of wellness, and provides tips for self-improvement in each dimension. <http://store.samhsa.gov/product/SMA16-4958>

PROMOTING WELLNESS: A GUIDE TO COMMUNITY ACTION

Designed to inspire action around wellness, this guide includes tools and information to organize wellness activities within local communities that promote recovery from mental illness and substance use disorders. It discusses planning, partners, and implementation. <http://store.samhsa.gov/product/SMA16-4957>

WHAT HEALTH PROVIDERS AND ORGANIZATIONS NEED TO KNOW ABOUT WELLNESS

This fact sheet encourages clinicians to provide consumer-centered care to people with mental illness. It provides facts about mental disorders, lists the eight dimensions of wellness, and includes tips for providing care and making connections with a patient's mental health provider. <http://store.samhsa.gov/product/SMA16-4951>

WELLNESS: WHAT INDIVIDUALS IN RECOVERY NEED TO KNOW

This resource explains to consumers what wellness is and how it affects overall quality of life, particularly for people with mental illness. <http://store.samhsa.gov/product/SMA16-4950>

NEW FROM HHS

HEALTHY PEOPLE 2020 BULLETIN—MENTAL HEALTH

This issue of the Healthy People 2020 e-newsletter focuses on mental health indicators, including suicide rates. The bulletin features the Zero Suicide in Texas Program, which strives to implement suicide prevention activities at the organizational, local, and state levels in an effort to reduce deaths by suicide and suicide attempts among youth in Texas.

<https://content.govdelivery.com/accounts/USOPHSODPHPHF/bulletins/1443ac8>

BLOG POST: HHS EMBRACES AUTISM AWARENESS AND ACCEPTANCE: IMPROVING OPPORTUNITIES FOR INDIVIDUALS WITH AUTISM AND THEIR FAMILIES

In this blog post Tom Novotny, Autism Coordinator and Deputy Assistant Secretary for Health, Office of the Assistant Secretary for Health, and Aaron Bishop, Commissioner, Administration on Disabilities, Administration for Community Living, discuss the importance of helping provide children with ASD with opportunities to grow and gain independence.

<http://www.hhs.gov/blog/2016/04/15/hhs-embraces-autism-awareness-and-acceptance.html>

EVENTS

VIDEOCAST LECTURE: CHANGE YOUR BRAIN BY TRANSFORMING YOUR MIND

MAY 3, 2016, 10:00 AM ET, BETHESDA, MD (VIDEOCAST AVAILABLE)

This National Center for Complementary and Integrated Health talk will present an overview of studies on neural changes associated with different forms of meditation. From the perspective of Western neuroscience, different forms of meditation can be conceptualized as mental training to promote the regulation of emotion and attention. Data from studies on long-term meditation practitioners as well as those with shorter durations of training will be highlighted. In addition, some longitudinal studies that track changes over time with meditation practice will be reviewed. In addition to the neural changes that have been observed, this talk will also summarize changes that have been found in peripheral biology that may modulate physical health and illness. The overall conclusions from these studies is that one can transform the mind through meditation, and thereby alter the brain and the periphery in ways that may be beneficial for mental and physical health, and for well-being. <https://nccih.nih.gov/news/events/lectures>

WEBINAR: CREATING A CULTURE OF WELLNESS: A 360 DEGREE VIEW

MAY 4, 2016, 2:30-4:00 PM ET

Join this SAMHSA webinar to learn how to use a self-assessment tool to increase an organization's awareness of the key components of a wellness-focused culture. Learn how to engage in a reflective process to identify what one should keep doing, stop doing, and start doing to truly have a culture of wellness, and hear from a SAMHSA Primary and Behavioral Health Care Integration grantee that has used this tool to assess and implement wellness across their agency.

<https://goto.webcasts.com/starthere.jsp?ei=1099565>

NATIONAL CHILDREN'S MENTAL HEALTH AWARENESS DAY

MAY 5, 2016

National Children's Mental Health Awareness Day (Awareness Day) 2016 is Thursday, May 5. Communities across the country as well as national collaborating organizations and Federal partners are planning Awareness Day activities that will take place throughout the month of May. To support their efforts, SAMHSA will host the Awareness Day 2016 national event, "Finding Help, Finding Hope," on May 5 in Washington, D.C. The event will explore how communities can increase access to behavioral health services and supports for children, youth, and young adults who experience mental or substance use disorders and their families. Individuals can participate virtually by watching the event via live webcast and using the hashtag #HeroesofHope to engage in the national event discussion via social media.

<http://www.samhsa.gov/children/national-childrens-awareness-day-events/awareness-day-2016>

NIMH TWITTER CHAT ON DMDD AND SEVERE IRRITABILITY

MAY 5, 2016, 12:00-1:00 PM ET

In observance of Awareness Day, NIMH will be hosting a Twitter chat on DMDD and severe irritability in children with NIMH expert Ellen Leibenluft, M.D. Follow the chat using the hashtag #NIMHchats.

<http://www.nimh.nih.gov/news/science-news/2016/twitter-chat-on-disruptive-mood-dysregulation-disorder-and-severe-irritability.shtml>

TELECONFERENCE CALL: AI/AN LESBIAN, GAY, BISEXUAL, TRANSGENDER, AND TWO-SPIRIT COMMUNITIES

MAY 5, 2016, 3:00-5:00 PM ET

The Indian Health Service will hold a public teleconference call to seek broad input on efforts to advance and promote the health needs of the American Indian and Alaska Native (AI/AN) Lesbian, Gay, Bisexual, Transgender, and Two-Spirit communities. This is the first of a series of public teleconferences that will take place this year. Themes that resulted from previous discussions included service and eligibility, clinical services, behavioral health, suicide, youth services, confidentiality, and organization strategies.

<https://www.ihs.gov/newsroom/pressreleases/2016pressreleases/ihs-holds-teleconference-call-to-address-lgbt2s-health-issues/>

NIH SEMINAR FOR NEW RESEARCHERS AND RESEARCH ADMINISTRATORS

MAY 11-13, 2016, BALTIMORE, MD AND OCTOBER 26-28, 2016, CHICAGO, IL

Are you a researcher, new or early career scientist, or research administrator interested in learning more about applying for NIH grants, mapping your career with NIH, or managing NIH awards? Consider attending one of the 2016 NIH Regional Seminars on Program Funding and Grants Administration in Baltimore, MD (May 11-13) or Chicago, IL (October 26-28). More than 60 NIH and HHS policy, review, program, and grants management officials will be on hand to share the latest updates and guidance on NIH-wide programs, policies, and updates on the NIH grants process...all in a central location. In addition to 45 different topics provided during the seminar, attendees will have the opportunity to have 15 minute chats with NIH and HHS staff during the "1:1 Meet the Experts." <http://grants.nih.gov/news/contact-in-person/seminars.htm>

HEALTH OBSERVANCE: NATIONAL PREVENTION WEEK

MAY 15-21, 2016

National Prevention Week is an annual health observance dedicated to increasing public awareness of, and action around, substance abuse and mental health issues. The overall theme for 2016 is "Strong As One. Stronger Together." <http://www.samhsa.gov/prevention-week>

WEBINAR: OUTREACH, PREVENTION, AND INTERVENTION STRATEGIES IN TRIBAL COMMUNITIES: A FOCUS ON CHILD SAFETY

MAY 19, 2016, 2:00-3:30 PM ET

This Office of Juvenile Justice and Delinquency Prevention (OJJDP) webinar will present participants with considerations and methods for conducting outreach, prevention, and intervention in tribal communities. Several community safety topics are addressed within tribal communities; however, the messages are not always well received. This webinar will discuss common outreach, prevention, and intervention program failures surrounding child safety and how to improve these approaches. Participants will also identify strategies that include partnerships and technology to increase child safety messaging.

https://events-na8.adobeconnect.com/content/connect/c1/1110525827/en/events/event/shared/default_template_simple/event_landing.html?sco-id=1820148125

WEBINAR: HELPING EDUCATORS AND COUNSELORS PREVENT BULLYING OF AND DISCRIMINATION AGAINST OUR NATION'S MUSLIM YOUTH

MAY 23, 2016, 2:00-3:30 PM ET

This OJJDP webinar will discuss civil rights, bullying and harassment, basic cultural competence, behavioral health implications of bullying, and resources for protecting America's Muslim youth. https://events-na8.adobeconnect.com/content/connect/c1/1110525827/en/events/event/shared/default_template_simple/event_registration.html?sco-id=1872941724&_charset=utf-8

WEBINAR: COUNTERING SCHOOL PUSHOUT AND THE CRIMINALIZATION OF GIRLS OF COLOR

MAY 24, 2016, 3:00-4:30 PM ET

This OJJDP webinar will examine the pathways to school pushout and confinement for girls of color, particularly African-American girls, who are consistently over-represented in school discipline categories. The session will also explore key concepts and strategies to reduce the criminalization of these girls and repair their relationships with schools.

https://events-na8.adobeconnect.com/content/connect/c1/1110525827/en/events/event/shared/default_template_simple/event_registration.html?sco-id=1876787398&_charset=utf-8

WEBINAR: SCREENING AND ASSESSMENT OF CO-OCCURRING DISORDERS IN THE JUSTICE SYSTEM

MAY 26, 2016, 2:00 PM ET

In conjunction with the recently-released publication, *Screening and Assessment of Co-Occurring Disorders in the Justice System*, SAMHSA's GAINS Center is hosting a webinar that will review evidence-based practices for screening and assessment of adults in the justice system who have co-occurring mental and substance use disorders. The webinar is intended for those interested in developing and operating effective programs for justice-involved individuals who have co-occurring disorders. Key systemic and clinical challenges will be discussed as well as state-of-the art approaches for conducting screening and assessment. The webinar will review a range of selected instruments for screening, assessment, and diagnosis of co-occurring disorders in justice settings and provide a critical analysis of advantages, concerns, and practical implementation issues (e.g., cost, availability, and training needs) for each instrument.

<http://www.prainc.com/gains/enews/april16.html#third>

HEALTH OBSERVANCE: PTSD AWARENESS MONTH

JUNE 2016

The purpose of Post-Traumatic Stress Disorder (PTSD) Awareness Month is to encourage everyone to raise public awareness of PTSD and effective treatments. http://www.ptsd.va.gov/about/ptsd-awareness/ptsd_awareness_month.asp

WEBINAR: INTERVENTIONS TO IMPROVE PHARMACOLOGICAL ADHERENCE AMONG ADULTS WITH PSYCHOTIC SPECTRUM DISORDERS, BIPOLAR DISORDER, AND PTSD

JULY 18, 2016, 3:00-4:00 PM ET

This Veterans Affairs webinar will discuss a recent report which synthesized evidence examining the effectiveness of interventions to improve medication adherence in patients with psychotic spectrum disorders, bipolar disorder, and PTSD; the effect of these interventions on patient outcomes; and the related costs and any associated intervention specific harms.

<https://attendee.gotowebinar.com/register/7245778702415373825>

NATIONAL AI/AN BEHAVIORAL HEALTH CONFERENCE

AUGUST 9-11, 2016, PORTLAND, OR

The IHS National AI/AN Behavioral Health Conference is the nation's premier opportunity to assemble and hear from nationally-recognized speakers, behavioral health care providers, Tribal leaders, and health care officials committed to addressing emergent behavioral health topics in Indian Country. The conference attracts presenters and participants from across the country who want to share their research and promising practices, while providing opportunities for professional development, collaboration, and networking. <https://www.ihs.gov/dbh/index.cfm/2016conference/>

CLINICAL TRIAL PARTICIPATION NEWS

NATIONAL RECRUITMENT: JOIN NIH DEPRESSION RESEARCH STUDIES

Does depression impede your daily life? Are you currently feeling sad and hopeless, experiencing worthlessness and guilt, and have a lack of interest in everyday activities you once enjoyed?

NIH studies are investigating the brain and experimental medications (such as ketamine and diazoxide) to rapidly reduce depressive symptoms. Research includes: depressed adults ages 18 to 70, outpatient visits or inpatient stays of up to 12 weeks at the NIH Clinical Center in Bethesda, MD. Call 1-877-MIND-NIH, TTY: 1-866-411-1010, Email: moodresearch@mail.nih.gov

<http://www.nimh.nih.gov/labs-at-nimh/join-a-study/trials/adult-studies/depression-evaluations-for-medication-and-brain-imaging-studies.shtml>

TWITTER MESSAGE:

Join an NIMH Study. Depression research evaluates adults 18-70, the brain and novel medications to rapidly reduce symptoms. <http://goo.gl/Se1io5>

PUBLIC COMMENT: NIH PATHWAYS TO PREVENTION WORKSHOP: ADVANCING RESEARCH TO PREVENT YOUTH SUICIDE DRAFT REPORT

An unbiased, independent panel developed a draft report following the *2016 NIH Pathways to Prevention Workshop: Advancing Research To Prevent Youth Suicide*. The report summarizes the workshop discussions and identifies future research priorities for preventing youth suicide. This report provides a roadmap for optimizing youth suicide prevention efforts by highlighting a number of directions for guiding the next decade of research on youth suicide. These directions are organized around three larger issues: improving data systems, improving research design and analysis, and strengthening the research and practice community. Comments on the draft report will be accepted through May 25, 2016.

<https://prevention.nih.gov/programs-events/pathways-to-prevention/workshops/binders/2016/suicide-prevention/workshop-resources#draft-report>

COMMENTS SOUGHT FOR AHRQ EFFECTIVE HEALTH CARE PROGRAM REPORT

The Agency for Healthcare Research and Quality's Effective Health Care Program encourages the public to participate in the development of its research projects. The Program uses these comments to help focus its research, and ensure that the final comparative effectiveness reviews answer the most important questions that clinicians, patients, consumers, and policymakers have about a given treatment, test, or procedure. The Program is currently seeking comments for:

KEY QUESTIONS: ANXIETY IN CHILDREN (COMMENTS DUE MAY 18, 2016)

<https://www.effectivehealthcare.ahrq.gov/research-available-for-comment/comment-key-questions/?pageaction=displayquestions&topicid=640&questionset=282>

KEY QUESTIONS: TREATMENTS FOR ADULTS WITH SCHIZOPHRENIA (COMMENTS DUE MAY 18, 2016)

<https://www.effectivehealthcare.ahrq.gov/research-available-for-comment/comment-key-questions/?pageaction=displayquestions&topicid=641&questionset=283>

OPIOID RECOVERY APP CHALLENGE

SAMHSA launched a new challenge to spur developers to create a mobile application (app) that provides additional recovery support to patients receiving treatment for opioid misuse. The app may be used as part of a patient's comprehensive treatment plan, which includes counseling and participation in social support programs. The goal is to assist people in recovery in accessing resources, educational materials, information, and social supports through technology. SAMHSA is accepting submissions through May 27, 2016.

<http://samhsaopioidrecoveryapp.devpost.com/>

PUBLIC COMMENT: FDA PROPOSAL TO BAN ELECTRICAL STIMULATION DEVICES USED TO TREAT SELF-INJURIOUS OR AGGRESSIVE BEHAVIOR

The U.S. Food and Drug Administration (FDA) has issued *Proposal to Ban Electrical Stimulation Devices (ESDs) Used for Self-injurious or Aggressive Behavior*. ESDs administer electrical shocks through electrodes attached to the skin of individuals to attempt to condition them to stop engaging in self-injurious or aggressive behaviors. A number of significant psychological and physical risks are associated with the use of these devices, including depression, anxiety, worsening of self-injury behaviors and symptoms of PTSD, pain, burns, and tissue damage. In addition, there is a risk of errant shocks from a device malfunction. Banning the product is necessary to protect the public because these risks cannot be corrected through new or updated labeling. Public comments about the proposal will be accepted through May 25, 2016.

<https://www.federalregister.gov/articles/2016/04/25/2016-09433/banned-devices-proposal-to-ban-electrical-stimulation-devices-used-to-treat-self-injurious-or>

COMMENTS ON PROPOSED RULE: MAT FOR OPIOID USE DISORDERS

HHS proposes a rule to increase the highest patient limit for qualified physicians to treat opioid use disorder under section 303(g)(2) of the Controlled Substances Act from 100 to 200. The purpose of the proposed rule is to increase access to treatment for opioid use disorder while reducing the opportunity for diversion of the medication to unlawful use. Comments are being accepted on this proposed rule through 5:00 PM ET on May 31, 2016. <https://content.govdelivery.com/accounts/USSAMHSA/bulletins/13fdb4d>

FUNDING INFORMATION

PRODUCTS TO SUPPORT APPLIED RESEARCH TOWARDS ZERO SUICIDE HEALTHCARE SYSTEMS

<http://grants.nih.gov/grants/guide/pa-files/PA-16-185.html>

MENTORED RESEARCH SCIENTIST DEVELOPMENT AWARD (PARENT K01)

<http://grants.nih.gov/grants/guide/pa-files/PA-16-190.html>

NIH PATHWAY TO INDEPENDENCE AWARD (PARENT K99/R00)

<http://grants.nih.gov/grants/guide/pa-files/PA-16-193.html>

SAMHSA: STATEWIDE PEER NETWORKS FOR RECOVERY AND RESILIENCY

<http://www.samhsa.gov/grants/grant-announcements/ti-16-012>

SAMHSA: ASSISTED OUTPATIENT TREATMENT GRANT PROGRAM FOR INDIVIDUALS WITH SERIOUS MENTAL ILLNESS

<http://www.samhsa.gov/grants/grant-announcements/sm-16-011>

FAMILY VIOLENCE PREVENTION AND SERVICES/ LESBIAN GAY BISEXUAL TRANSGENDER AND QUESTIONING INSTITUTE ON INTIMATE PARTNER VIOLENCE

<http://www.grants.gov/web/grants/view-opportunity.html?oppld=282612>

ETHNIC COMMUNITY SELF HELP PROGRAM

<http://www.grants.gov/web/grants/view-opportunity.html?oppld=282715>



National Institute
of Mental Health

The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to increase the public's access to science-based mental health information through partnerships with national and state organizations. For more information about the program please visit: <http://www.nimh.nih.gov/outreach/partnership-program/index.shtml>. To subscribe to receive the Update every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>.

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.