



UPDATE

July 5, 2016

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*Prepared by the U.S. Department of Health and Human Services,
National Institutes of Health, National Institute of Mental Health,
Office of Constituency Relations and Public Liaison*

GAME CORRECTS CHILDREN'S MISREADING OF EMOTIONAL FACES TO TAME IRRITABILITY

A computer game that changes a tendency to misread ambiguous faces as angry is showing promise as a potential treatment for irritability in children. The game shifts a child's judgment for perceiving ambiguous faces from angry to happy. In a small pilot study, irritable children who played it experienced less irritability, accompanied by changes in activation of mood-related brain circuitry. Researchers are now following up with a larger study to confirm its effectiveness. Melissa Brotman, Ph.D., Ellen Leibenluft, M.D., Joel Stoddard, M.D., of the National Institute of Mental Health (NIMH) Emotion and Development Branch, and colleagues, reported on findings of their pilot study of "interpretation bias training" for child irritability online in the *Journal of Child and Adolescent Psychopharmacology*.

Science Update: <http://www.nimh.nih.gov/news/science-news/2016/game-corrects-childrens-misreading-of-emotional-faces-to-tame-irritability.shtml>

RATES OF NONMEDICAL PRESCRIPTION OPIOID USE AND OPIOID USE DISORDER DOUBLE IN 10 YEARS

Nonmedical use of prescription opioids more than doubled among adults in the United States from 2001-2002 to 2012-2013, based on a study from the National Institute on Alcohol Abuse and Alcoholism (NIAAA). Nearly 10 million Americans, or 4.1 percent of the adult population, used opioid medications in 2012-2013, a class of drugs that includes OxyContin and Vicodin, without a prescription or not as prescribed (in greater amounts, more often, or longer than prescribed) in the past year. This is up from 1.8 percent of the adult population in 2001-2002.

Press Release: <https://www.nih.gov/news-events/rates-nonmedical-prescription-opioid-use-opioid-use-disorder-double-10-years>

STUDY REVEALS CENTRAL ROLE OF ENDOCANNABINOIDS IN HABIT FORMATION; MOUSE STUDY ADVANCES KNOWLEDGE OF HABITUAL BEHAVIOR PATHOPHYSIOLOGY

Daily activities involve frequent transitions between habitual behaviors, such as driving home, and goal-directed behaviors, such as driving to a new destination on unfamiliar roads. An inability to shift between habitual and non-habitual behaviors has been implicated in obsessive-compulsive disorder (OCD), addiction, and other disorders characterized by impaired decision-making. In a new NIAAA-funded study conducted with mice, scientists report that endocannabinoids, natural messengers in the body that are chemically similar to the active compound in marijuana, play an important role in how the brain controls this fundamental process.

Press Release: <http://www.niaaa.nih.gov/news-events/news-releases/study-reveals-central-role-endocannabinoids-habit-formation>

REPORT PROVIDES RATES OF SERIOUS SUICIDAL THOUGHTS AMONG YOUNG ADULTS IN EVERY STATE AND THE DISTRICT OF COLUMBIA

A new report by the Substance Abuse and Mental Health Services Administration (SAMHSA) provides state-by-state data on the level of young adults (ages 18 to 25) who have had serious thoughts of suicide in the past year. Based on the 2013-2014 National Surveys on Drug Use and Health, the report shows significant differences in the prevalence of serious suicidal thoughts among the young adults in various states – from a high of 10.3 percent (annual average) in New Hampshire to a low of 6.2 percent (annual average) in Texas. Nationally, 2.6 million young adults (7.4 percent) had serious thought of suicide in the past year – roughly one out of every 13 people in this age group.

Press Release: <http://www.samhsa.gov/newsroom/press-announcements/201606161100>

SAMHSA RELEASES NEW QUALITY MEASUREMENT TOOLS FOR MENTAL HEALTH AND SUBSTANCE USE TREATMENT

SAMHSA is issuing a new set of quality measures – in the form of a resource manual, technical specifications, and data reporting templates – all designed to help states and behavioral health clinics (BHCs) better assess and document their performance and effectiveness in providing treatment to people with mental and/or substance use disorders. These materials were developed in partnership with the Centers for Medicare and Medicaid Services and the Office of the Assistant Secretary for Planning and Evaluation at the Department of Health and Human Services (HHS). The measures contained in the new manual, *Metrics and Quality Measures for Behavioral Health Clinics: Technical Specifications and Resource Manual*, examine a wide array of criteria that gauge the progress a BHC is achieving in important behavioral health objectives.

Press Release: <http://www.samhsa.gov/newsroom/press-announcements/201606211000>

AMERICANS SPENT \$30.2 BILLION OUT-OF-POCKET ON COMPLEMENTARY HEALTH APPROACHES; FEDERAL ANALYSIS INCLUDES FIRST-EVER DATA ON SPENDING FOR CHILDREN

Americans spent \$30.2 billion—\$28.3 billion for adults and \$1.9 billion for children—out-of-pocket on complementary health approaches, according to a nationwide survey. These approaches include a group of diverse medical and health care systems, practices, and products such as herbal supplements, meditation, chiropractic, and yoga. This amount represents 9.2 percent of all out-of-pocket spending by Americans on health care and 1.1 percent of total health care spending. These findings come from an analysis by the National Center for Complementary and Integrative Health and the Centers for Disease Control and Prevention (CDC), based on data from a special supplement—on use of complementary health approaches—to the 2012 National Health Interview Survey.

Press Release: <https://nccih.nih.gov/news/press/cost-spending-06222016>

NEW FROM NIMH

RAISE: EARLY WARNING SIGNS OF PSYCHOSIS FACT SHEET

This fact sheet lists changes in behavior before psychosis develops that may be early warning signs of psychosis. <https://infocenter.nimh.nih.gov/nimh/product/RAISE-Early-Warning-Signs-of-Psychosis-Fact-Sheet/OM%2016-4305>

RAISE: FIRST EPISODE PSYCHOSIS FACT SHEET

This fact sheet lists some facts about psychosis in general and specifically first episode psychosis, as well as a variety of treatments. <https://infocenter.nimh.nih.gov/nimh/product/RAISE-First-Episode-Psychosis-Fact-Sheet/OM%2016-4306>

TWITTER CHAT ON AFRICAN AMERICAN MEN'S MENTAL HEALTH: TRANSCRIPT

The transcript of the Twitter chat discussing African American men's mental health with the National Institute on Minority Health and Health Disparities is now available. <https://storify.com/NIMHgov/twitter-chat-on-african-american-men-s-mental-heal>

NIMH NEW VIDEOS ON CHILDHOOD IRRITABILITY AND DMDD

FACIAL EMOTION STUDY

NIMH researchers explain a study aimed at reducing irritability in children by re-training their responses to facial emotion. <https://www.youtube.com/watch?v=JxCXKjhI7CA>

DISRUPTIVE MOOD DYSREGULATION DISORDER

NIMH researchers explains the history of Disruptive Mood Dysregulation Disorder (DMDD). <https://www.youtube.com/watch?v=UPzdAhTxGlc>

IRRITABILITY IN CHILDREN: HOW PARENTS CAN HELP

NIMH researcher discusses how parents can help an irritable child. <https://www.youtube.com/watch?v=9bCulDExyug>

ARCHIVED WEBINAR: SEVERE IRRITABILITY AND DMDD IN YOUTH

This archived webinar reviews NIMH research on childhood severe irritability and DMDD. https://www.youtube.com/watch?v=_yTzJIKmclQ

NEW FROM NIH

NIDA DIRECTOR'S BLOG: PSYCHIATRISTS SHOULD TAKE A MORE ACTIVE ROLE IN TREATING PAIN

In this blog post, National Institute on Drug Abuse (NIDA) Director Dr. Nora Volkow talks about the role psychiatrists can play in addressing the problem of chronic pain. For example, cognitive-behavioral therapy is one of the most effective pain treatments; assisting patients in learning to change their pain-related thoughts, emotions, and behaviors is going to help with their condition, regardless of other pharmacological interventions. It is also necessary for psychiatrists to become involved in pain because chronic pain is closely linked to multiple psychiatric problems. <https://www.drugabuse.gov/about-nida/noras-blog/2016/06/psychiatrists-should-take-more-active-role-in-treating-pain>

PRESCRIPTION DRUG MONITORING PROGRAMS LINKED TO REDUCTIONS IN OPIOID OVERDOSE DEATHS

New NIDA-funded research found that state implementation of prescription drug monitoring programs (PDMPs) was associated with a reduction in opioid-related overdose deaths. The study also found that PDMPs that monitored greater numbers of drugs with abuse potential and updated their data more frequently had greater declines in opioid-related overdose deaths than programs without those characteristics. <https://www.drugabuse.gov/news-events/news-releases/2016/06/prescription-drug-monitoring-programs-linked-to-reductions-in-opioid-overdose-deaths>

ADDICTION TREATMENT PATIENTS TRAINED TO MANAGE THEIR HEALTH CARE MAY HAVE BETTER OUTCOMES

Research funded by NIDA reveals that teaching patients in addiction treatment how to communicate with physicians, and providing training on using an electronic health records portal, empowers them to better engage in their health management. This in turn may increase the likelihood that they will refrain from using drugs and alcohol, and remain in addiction treatment longer. <https://www.drugabuse.gov/news-events/news-releases/2016/06/addiction-treatment-patients-trained-to-manage-their-healthcare-may-have-better-outcomes>

NIAAA SPECTRUM WEBZINE

The latest issue of *NIAAA Spectrum* includes a research summary on how anxiety and depression predict relapse in alcohol use disorder patients with chronic pain.

<http://www.spectrum.niaaa.nih.gov/default.html>

NEW FROM SAMHSA

ACCOMMODATING MENTAL ILLNESS IN THE WORKPLACE

Workplace accommodations help individuals with mental health conditions to remain employed and productive. In this *SAMHSA News* article learn about different accommodations, many of which can be accomplished at little or no cost. <http://newsletter.samhsa.gov/2016/06/22/mental-illness-in-the-workplace/>

BLOG POST: MENTAL HEALTH AND SUBSTANCE USE DISORDER PARITY TASK FORCE HOLDS LISTENING SESSION WITH KEY STAKEHOLDERS

This blog post summarizes a recent listening session by the Task Force on Mental Health and Substance Use Disorder Parity to engage stakeholders in a discussion about mental health and substance use disorder parity implementation. Fifteen leaders of organizations representing consumer and provider groups from the mental health and addiction fields shared their perspectives and offered recommendations for how to improve awareness of and compliance with the law. Stakeholders spoke of the challenges that consumers and providers face in trying to understand the parity law and whether there has been a violation. Moreover, they conveyed that most consumers and many providers may not know how to get help if they think coverage is not in compliance. They asked the Task Force to focus on enforcement, transparency, and simplifying the process and tools for consumers and providers.

<http://blog.samhsa.gov/2016/06/22/mental-health-and-substance-use-disorder-parity-task-force-holds-listening-session-with-key-stakeholders/>

USING TECHNOLOGY-BASED THERAPEUTIC TOOLS IN BEHAVIORAL HEALTH SERVICES

This resource assists clinicians with the implementation of technology-assisted care. It highlights the importance of using technology-based assessments and interventions in behavioral health treatment services. It also discusses how technology reduces barriers to accessing care.

<http://store.samhsa.gov/product/TIP-60-Using-Technology-Based-Therapeutic-Tools-in-Behavioral-Health-Services/SMA15-4924>

BLOG POST PHILADELPHIA: BEHAVIORAL HEALTH LEADS TRAUMA-INFORMED COMMUNITY CHANGE

Six cities were invited to SAMHSA for a listening session to present their innovative approaches to addressing trauma. This blog post is part of a series that highlights community approaches in selected implementation domains, and how each city is working to create safer and healthier places to live, learn, work, and play. <http://blog.samhsa.gov/2016/06/20/philadelphia-behavioral-health-leads-trauma-informed-community-change/>

LGBTQ YOUTH: VOICES OF TRAUMA, LIVES OF PROMISE

It is a priority to strengthen the professional systems to support lesbian, gay, bisexual, transgender, and and/or questioning (LGBTQ) youth after sexual assault and other traumas that these youth commonly experience. This 13-minute video features five LGBTQ youth who discuss details of their own trauma experiences related to their respective LGBTQ identities, how they gained resilience, and how professionals helped them in this regard. <http://www.nctsnet.org/products/lgbtq-youth-voices-trauma-lives-promise>

NEW FROM CDC

SUICIDE RATES BY OCCUPATIONAL GROUP — 17 STATES, 2012

Rates of suicide vary by what people do for a living, and it can be helpful to focus suicide prevention activities to groups at greater risk. This report has examined suicide rates for both males and females by occupation. Persons working in the farming, fishing, and forestry group had the highest rate of suicide overall (84.5 per 100,000 population) and among males (90.5); the highest rates of suicide among females occurred among those working in protective service occupations (14.1). Overall, the lowest rate of suicide (7.5) was found in the education, training, and library occupational group.

<http://www.cdc.gov/mmwr/volumes/65/wr/mm6525a1.htm>

QUICKSTATS: AGE-ADJUSTED DEATH RATES FOR FEMALES AGED 15–44 YEARS, BY THE FIVE LEADING CAUSES OF DEATH — UNITED STATES, 1999 AND 2014

The age-adjusted death rate for females aged 15 to 44 years was 5 percent lower in 2014 (82.1 per 100,000 population) than in 1999 (86.5). Among the five leading causes of death, the age-adjusted rates of three were lower in 2014 than in 1999: cancer (from 19.6 to 15.3, a 22 percent decline), heart disease (8.9 to 8.2, an 8 percent decline), and homicide (4.2 to 2.8, a 33 percent decline). The age-adjusted death rates for two of the five causes were higher in 2014 than in 1999: unintentional injuries (from 17.0 to 20.1, an 18 percent increase) and suicide (4.8 to 6.5, a 35 percent increase). Unintentional injuries replaced cancer as the leading cause of death in this demographic group.

<http://www.cdc.gov/mmwr/volumes/65/wr/mm6525a6.htm>

HEALTH STATUS AND DETERMINANTS INFOGRAPHIC

This infographic features data on health status and determinants, including the leading causes of death among working-age adults, diabetes prevalence among adults aged 20 and over, substance use among adolescents aged 12 to 17, as well as asthma attacks and allergic reactions among children aged five to 17. http://www.cdc.gov/nchs/data/hus/hus_spotlight_spring16.pdf

POST-MASS SHOOTING PROGRAMS AND RESOURCES OVERVIEW

The HHS Office of the Assistant Secretary for Preparedness and Response' Technical Resources, Assistance Center, and Information Exchange has gathered information on programs and resources available to the communities affected by the Orlando nightclub shooting. <https://asprtracie.hhs.gov/documents/aspr-tracie-ta-resources-for-orlando-shooting-incident.pdf>

NEW FROM BULLYING.GOV

BLOG POST: NATIONAL ACADEMIES RELEASES NEW CONSENSUS REPORT ON BULLYING

This blog post summarizes a new report on bullying by the National Academies of Sciences, Engineering, and Medicine. A group of federal agencies and philanthropic partners asked the National Academies to appoint a committee of experts to review the wealth of research on bullying that is now available and identify what else must be done to better understand and reduce bullying and its consequences. The committee presented its findings, conclusions, and recommendations in the report.

<http://www.stopbullying.gov/blog/2016/06/27/national-academies-releases-new-consensus-report-bullying>

NEW INSTAGRAM ACCOUNT

Follow @StopBullyingGov on Instagram for bullying prevention tips, inspirational quotes, and photos. This summer, StopBullyingGov is sharing tips for bullying prevention at camp, and inspiring its followers to play their part in preventing bullying and promoting positive summer memories.

[Instagram.com/StopBullyingGov](https://www.instagram.com/StopBullyingGov)

PTSD MONTHLY UPDATE: RESOURCES IN RESPONSE TO THE ORLANDO TRAGEDY

In response to the Orlando Tragedy, the National Center for Post-Traumatic Stress Disorder (PTSD) Center has released a special update on traumatic event response. The issue includes what to expect after a traumatic event, and resources for survivors and their families, veterans, and community members.

<https://content.govdelivery.com/accounts/USVHA/bulletins/150ffe6>

NEW FROM DCOE

CURIOS ABOUT PTSD? START YOUR RESEARCH HERE

This Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE) blog post describes key resources for PTSD. http://www.dcoe.mil/blog/16-06-27/Curious_About_PTSD_Start_Your_Research_Here.aspx

PTSD INFOGRAPHIC

DCoE created an easy-to-read infographic to review the basics of PTSD. This graphic is available for download and includes the common causes, symptom categories, PTSD numbers, and clinically recommended treatment options. http://www.dcoe.mil/blog/16-06-22/What_Is_PTSD.aspx

YOGA HELPS ME MANAGE PTSD

This blog post is the first in a series in which service members and Veterans with a psychological condition of traumatic brain injury share how a particular treatment helped them cope and heal. Retired Air Force Master Sgt. Chris Eder describes how yoga helped him with PTSD. http://www.dcoe.mil/blog/16-06-20/Yoga_Helps_Me_Manage_PTSD.aspx

EVENTS

WEBINAR: TRAUMA-FOCUSED INTERVENTIONS FOR VIOLENCE-EXPOSED YOUTH IN JUVENILE JUSTICE SYSTEMS

JULY 6, 2016, 12:00 PM ET

This National Child Traumatic Stress Network webinar will review research on trauma-focused interventions with youth who have been exposed to violence conducted in juvenile justice facilities.

<http://learn.nctsn.org/enrol/index.php?id=268>

WEBINAR: TRANSLATIONAL RESEARCH IN WOMEN'S MENTAL HEALTH

JULY 8, 2016, 2:00-3:00 PM ET

The National Institutes of Health (NIH) supports biomedical research that addresses issues in women's mental health. This webinar will present exemplary studies by NIMH-funded investigators that seek to understand the underlying contributors to reproductive hormone-related mood disorders. This webinar is appropriate for NIMH-funded grantees, students, researchers, policy makers, clinicians, and anyone interested in learning more about women's mental health research at NIMH and NIH.

<http://apps1.seiservices.com/nimh/MentalHealthDisparitiesWebinar/webinar02/>

WEBINAR: BACK TO THE BASICS: PRIMARY AND BEHAVIORAL HEALTH CARE INTEGRATION

JULY 11, 2016, 2:00-3:30 PM ET

Join this SAMHSA-Health Resources and Services Administration Center for Integrated Health Solutions webinar to go back to the basics of primary and behavioral health care integration, and learn how to effectively communicate the importance of integrated care.

<https://goto.webcasts.com/starthere.jsp?ei=1108262>

WEBINAR: WORKING TOGETHER TO SUPPORT THE CAREGIVERS OF SERVICE MEMBERS, VETERANS, AND THEIR FAMILIES

JULY 12, 2016, 2:00-3:30 PM ET

This SAMHSA Service Members, Veterans, and Families (SMVF) Technical Assistance Center webinar will describe what makes the behavioral health needs of SMVF caregivers unique and different; review information, resources, and studies that can be used for strengthening behavioral health services for caregivers; examine how military and civilian behavioral health care providers can best support SMVF caregivers by increasing access to best practice programs and supports; and explore opportunities for public-private collaboration and partnerships as an option for supporting military caregivers.

<https://goto.webcasts.com/starthere.jsp?ei=1105544>

WEBINAR: HEALTH AS A SECOND LANGUAGE: CONNECTING HEALTH INSURANCE LITERACY TO OUTREACH AND COVERAGE TO CARE EFFORTS

JULY 13, 2016, 2:00 PM ET

Navigators developing culturally relevant practices and resources are finding success in reaching non-English speaking communities and hard to reach consumers, including those in the criminal justice system. Join colleagues from Maricopa County, Arizona, MHP Salud, Rio Grande Valley, and Houston's Fountain of Praise church to explore thoughtful methods for reaching, communicating with, and educating consumers with timely and relevant strategies. This webinar is part of the HHS Partnership Center and Enroll America *Connections* national peer learning webinar series featuring navigators from around the country sharing their experience, challenges, and innovative solutions for connecting individuals and families to affordable, quality health care and preventive services.

<https://cc.readytalk.com/registration/#/?meeting=hfz7l27o165i&campaign=pl5bg7lmzvub>

WEBINAR: INTRODUCTION TO MOTIVATIONAL INTERVIEWING

JULY 13, 2016, 2:30-4:00 PM ET

This DCoE webinar will define motivational interviewing (MI), review how MI works, identify key elements used in MI, discuss the efficacy and effectiveness of MI, and identify strategies for learning MI.

<http://dcoe.cds.pesgce.com/eindex.php>

WEBINAR: GOT COVERAGE? NEXT STEPS IN USING YOUR HEALTH INSURANCE

JULY 14, 2016, 2:00 PM ET

Many people now have health insurance, but may not know how to use it. This HHS webinar will highlight From Coverage to Care health insurance literacy tools and how to use them. The importance of preventive benefits and primary care will also be discussed. Guest speakers will highlight how they use the materials.

<https://attendee.gotowebinar.com/register/4908455576362700034>

WEBINAR: INTERVENTIONS TO IMPROVE PHARMACOLOGICAL ADHERENCE AMONG ADULTS WITH PSYCHOTIC SPECTRUM DISORDERS, BIPOLAR DISORDER, AND PTSD

JULY 18, 2016, 3:00-4:00 PM ET

This Veterans Affairs (VA) webinar will discuss a recent report which synthesized evidence examining the effectiveness of interventions to improve medication adherence in patients with psychotic spectrum disorders, bipolar disorder, and PTSD; the effect of these interventions on patient outcomes; and the related costs and any associated intervention specific harms.

<https://attendee.gotowebinar.com/register/7245778702415373825>

WEBINAR: SPECIAL ENROLLMENT PERIODS AND RESOURCES FOR THE UNINSURED

JULY 19, 2016, 3:00 PM ET

The health care law has created special enrollment periods for those who experience special circumstances such as graduating from college and losing health insurance, getting married and needing coverage for a spouse, losing employer insurance, or turning 26 and losing coverage on a parent's health plan. Join this HHS webinar to learn more about special enrollment periods and how to enroll in the Health Insurance Marketplace. For those who are uninsured and don't qualify for the special enrollment period, learn what resources are available and when to enroll in the Health Insurance Marketplace. Questions and answers will be discussed at the end of the webinar.

<https://attendee.gotowebinar.com/register/8591731568481734147>

WEBINAR: SUBSTANCE ABUSE-- WHO'S LEADING THE LEADING HEALTH INDICATORS?

JULY 21, 2016, 12:00 PM ET

Join this HHS webinar to learn how one community organization is working to prevent underage alcohol consumption and reduce alcohol-related harms through evidence-based policies and practices. https://hhs-hp.webex.com/mw3100/mywebex/default.do?nomenu=true&siteurl=hhs-hp&service=6&rnd=0.31296912188431925&main_url=https%3A%2F%2Fhhs-hp.webex.com%2Fec3100%2Feventcenter%2Fevent%2FeventAction.do%3FtheAction%3Ddetail%26confVid%3D1756611429%26%26EMK%3D4832534b000000267a241984e79e8abf4b01285bde86acd96d24e04f5cade9412bbe5559c8e5852%26%26encryptTicket%3DSDJTSwAAAAJbA2GS63d1atHq-buzYlJ5Rcv6X5HoLqR7XQhQhWKGHA2%26%26siteurl%3Dhhs-hp

WEBINAR: POWERMAPPING: EXPANDING CAPACITY AND BUILDING PARTNERSHIPS TO CONNECT WITH CONSUMERS ALL YEAR LONG

JULY 27, 2016, 2:00 PM ET

This webinar will focus on “mapping” techniques that help to identify and invite new and perhaps unexpected partners to join in enrollment and coverage to care educational efforts. The Arizona Alliance of Community Health Centers and Philadelphia’s Better Health Network will share their strategies that map for potential new partners and strengthen existing ones. This webinar is part of the HHS Partnership Center and Enroll America *Connections* national peer learning webinar series featuring navigators from around the country sharing their experience, challenges, and innovative solutions for connecting individuals and families to affordable, quality health care and preventive services.

<https://cc.readytalk.com/registration/#/?meeting=md9lge0hpeia&campaign=wva21wxziys>

NIMH CONFERENCE ON MENTAL HEALTH SERVICES RESEARCH: HARNESSING SCIENCE TO STRENGTHEN THE PUBLIC HEALTH IMPACT

AUGUST 1-3, 2016, BETHESDA, MD

The 23rd NIMH Conference on Mental Health Services Research will highlight scientific investigative efforts to improve population mental health through high-impact mental health services research.

<http://www.nimh.nih.gov/research-priorities/scientific-meetings/2016/nimh-conference-on-mental-health-services-research-harnessing-science-to-strengthen-the-public-health-impact.shtml>

NATIONAL AMERICAN INDIAN/ALASKA NATIVE BEHAVIORAL HEALTH CONFERENCE

AUGUST 9-11, 2016, PORTLAND, OR

The Indian Health Service National American Indian/Alaska Native Behavioral Health Conference is the nation's premier opportunity to assemble and hear from nationally-recognized speakers, behavioral health care providers, Tribal leaders, and health care officials committed to addressing emergent behavioral health topics in Indian Country. The conference attracts presenters and participants from across the country who want to share their research and promising practices, while providing opportunities for professional development, collaboration, and networking. <https://www.ihs.gov/dbh/index.cfm/2016conference/>

SAVE THE DATE: FEDERAL BULLYING PREVENTION SUMMIT

AUGUST 12, 2016, WASHINGTON, DC

The upcoming Federal Bullying Prevention Summit will focus on the strategies that schools, students, parents, and community members can use to ensure that all students – particularly those who may be discriminated on the basis of race, color, national origin, sex, disability, and religion – have supportive educational environments within which to learn. This year, we are putting a special emphasis on the issues facing transgender youth, students with disabilities, as well as Muslim and Sikh students. Administrators from State Education Agencies and Local Education Agencies, teachers, and partner community-based organizations are encouraged to attend. <http://fbpsummit.com/>

WEBINAR: MENTAL HEALTH DISPARITIES RESEARCH AT NIMH

AUGUST 31, 2016, 2:00-3:00 PM ET

The NIH recognizes the importance of reducing and eliminating mental health disparities in communities across the country. This webinar will present exemplary studies that highlight the strategic objectives of the *NIMH Strategic Plan for Research*. NIMH-funded researchers who have investigated mental health disparities will present their preliminary findings. <http://www.nimh.nih.gov/news/science-news/2016/webinar-series-2016-office-for-research-on-disparities-and-global-mental-health.shtml>

WEBINAR: SUICIDE MORTALITY AMONG VETERANS DISCHARGED FROM VA ACUTE PSYCHIATRIC UNITS FROM 2005-2010

AUGUST 31, 2016, 3:00-4:00 PM ET

This VA webinar will review results from a study which examined suicide rates and risk factors for suicide in the year after discharge from acute VA inpatient units from 2005 to 2010. Rates were stratified to examine the influence of gender and age among male Veterans. Analyses were also conducted to evaluate associations with risk among additional demographic and diagnostic factors known or believed to impact risk. <https://attendeegotowebinar.com/register/8668242184655409667>

SYMPOSIUM: CELEBRATION OF 60 YEARS OF BEHAVIORAL AND COGNITIVE NEUROSCIENCE IN THE LABORATORY OF NEUROPSYCHOLOGY

OCTOBER 20-21, 2016, BETHESDA, MD

This NIMH symposium will integrate the advances made over the last 60 years in the understanding of the neurobiology of memory, perception, and action. Speakers will share insights from studies of nonhuman primates, humans, and rats using lesions, electrophysiology, imaging, and related techniques. Talks will focus on how these advances led to current scientific understanding, and how that trajectory points the way toward new research questions that will drive the field forward. <http://www.nimh.nih.gov/research-priorities/scientific-meetings/announcements/celebration-of-60-years-of-behavioral-and-cognitive-neuroscience-in-laboratory-of-neuropsychology/index.shtml>

CALLS FOR PUBLIC INPUT

COMMENTS SOUGHT FOR AHRQ EFFECTIVE HEALTH CARE PROGRAM REPORT

The Agency for Healthcare Research and Quality's Effective Health Care Program encourages the public to participate in the development of its research projects. The Program uses these comments to help focus its research, and ensure that the final comparative effectiveness reviews answer the most important questions that clinicians, patients, consumers, and policymakers have about a given treatment, test, or procedure. The Program is currently seeking comments for:

FIRST- AND SECOND-GENERATION ANTIPSYCHOTICS IN CHILDREN AND YOUNG ADULTS-
SYSTEMATIC REVIEW UPDATE (COMMENTS DUE JULY 6, 2016)

<https://www.effectivehealthcare.ahrq.gov/research-available-for-comment/comment-draft-reports/?pageaction=displaydraftcommentform&topicid=615&productid=2244&documenttype=draftReport>

PUBLIC COMMENT: FDA PROPOSAL TO BAN ELECTRICAL STIMULATION DEVICES USED TO TREAT SELF-INJURIOUS OR AGGRESSIVE BEHAVIOR—COMMENT PERIOD EXTENDED

The Food and Drug Administration (FDA) has issued a document entitled, *Proposal to Ban Electrical Stimulation Devices (ESDs) Used for Self-injurious or Aggressive Behavior*. ESDs administer electrical shocks through electrodes attached to the skin of individuals to attempt to condition them to stop engaging in self-injurious or aggressive behaviors. A number of significant psychological and physical risks are associated with the use of these devices, including depression, anxiety, worsening of self-injury behaviors and symptoms of PTSD, pain, burns, and tissue damage. In addition, there is a risk of errant shocks from a device malfunction. Banning the product is necessary to protect the public because these risks cannot be corrected through new or updated labeling. Public comments about the proposal will be accepted through July 26, 2016. <https://www.federalregister.gov/articles/2016/04/25/2016-09433/banned-devices-proposal-to-ban-electrical-stimulation-devices-used-to-treat-self-injurious-or>

NIH REQUEST FOR INFORMATION: GUIDANCE FOR OPPORTUNITIES IN NEUROETHICS

NIH recently released a Request for Information (RFI) focused on opportunities in the area of neuroethics. The RFI solicits input to identify a set of core ethical issues associated with research involving the human brain and to explore where the *Brain Research through Advancing Innovative Neurotechnologies (BRAIN) Initiative* might invest resources in the area of neuroethics, particularly pertaining to advancements in neurotechnology research and development. The overall aim is to integrate ethical insight into progress under the BRAIN Initiative, and proactively consider ethical implications of the research. Responses must be submitted electronically by July 29, 2016. <https://grants.nih.gov/grants/guide/notice-files/NOT-MH-16-014.html>

CLINICAL TRIAL PARTICIPATION NEWS

NATIONWIDE RECRUITMENT: BIPOLAR DISORDER (PEDIATRIC) RESEARCH STUDY

TREATMENT OF SEVERE MOOD DYSREGULATION

(Inpatient: 12- to 15 weeks) This study tests the efficacy of different treatments for decreasing irritability in children with severe mood and behavioral problems. Participants have symptoms of severe irritability and are not doing well on their current medications. The child must be currently in treatment with a physician, medically healthy and not currently hospitalized, psychotic, or suicidal. The study includes day or full hospitalization to discontinue medication, followed by either methylphenidate plus citalopram, or methylphenidate plus placebo. Recruiting ages 7-17. [09-M-0034]

<http://www.nimh.nih.gov/labs-at-nimh/join-a-study/trials/childrens-studies/citalopram-methylphenidate-bpd.shtml>

For more information on research conducted by the National Institute of Mental Health in Bethesda, MD click here www.nimh.nih.gov/JoinAStudy.

NEW FDA CAMPAIGN: DIVERSITY IS CRITICAL TO MAKING BETTER MEDICAL PRODUCTS

The FDA Office of Minority Health has released a collection of six public service announcements (PSAs) to promote clinical trial participation among minority groups. The videos feature Shirley Miller, an FDA patient representative, who graciously shares her story about living with sickle cell disease, while also letting others know why clinical trials are important. Dr. Luciana Borio, FDA's Acting Chief Scientist, also stars in a PSA on why clinical trial diversity matters from FDA's perspective. FDA Commissioner, Dr. Robert Califf, has declared 2016 the "Year of Clinical Trial Diversity," and the public can support the FDA by sharing the PSAs with friends and family. Historically, minority participation has been low in clinical trials, despite some groups being disproportionately affected by chronic diseases such as diabetes, cancer, and heart disease.

<http://blogs.fda.gov/fdavoices/index.php/2016/06/be-a-champion-for-clinical-trial-diversity/>

CLINICAL TRIAL DIVERSITY STAKEHOLDER COMMUNICATIONS TOOLKIT

This new communications from the FDA will help organizations advance the conversation about the importance of having minorities participate in clinical trials.

<http://www.fda.gov/downloads/ForConsumers/ByAudience/MinorityHealth/UCM506981.pdf>

FUNDING INFORMATION

NIMH NOTICE: AVAILABILITY OF RAISE DATA FOR SECONDARY DATA ANALYSIS

<http://grants.nih.gov/grants/guide/notice-files/NOT-MH-16-006.html>



National Institute
of Mental Health

The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to increase the public's access to science-based mental health information through partnerships with national and state organizations. For more information about the program please visit: <http://www.nimh.nih.gov/outreach/partnership-program/index.shtml>. To subscribe to receive the Update every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>.

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.